

Maria (Elizabeth) Dominguez

www.coachdominguez.weebly.com

EDUCATION

M.Ed. **2014** **Tarleton State University**
Anticipated *Stephenville, Texas*
Major: Kinesiology

B.S. **2012** **Tarleton State University**
Stephenville, Texas
Major: Kinesiology

COACHING EXPERIENCE

August 2012- Present

Indoor/Outdoor Throws Coach Track and Field (Graduate Asst.) - Athletic Department, Tarleton State University (NCAA Division II; Lone Star Conference); Stephenville, Texas

- Serve as Men/Women Shot Put, Discus, Hammer, Weight, and Javelin Coach
 - Recruit new athletes
 - Advise current student-athletes
 - Coordinate practices
- Coached Outdoor LSC Champion (Shot Put) Danyelle Dillard (2014)
- Coached Outdoor LSC Top 3 finisher in the Hammer and School Record Breaker Brianna Johnson (2014)
- Coached Indoor LSC Weight Throw Champion and School Recorded Breaker Kenny Odunaiya (2014)
- Coached Freshman National Qualifier and School Recorded Breaker Danyelle Dillard (Shot Put 2013)
- Coordinate community service projects for the team

August 2013- December 2013

Private Lesson Throws coach, Stephenville Texas

- Coached an unattached colligate athlete in Discus throw
- Organized practices and strength training regimen

January 2012- May 2012

Student Teaching/High School Track and Field Throws Coach - Burluson High School

- Served as Women's Shot put and discus coach
- Organized practices
- Assisted in travel arrangements

- Assisted in coaching duties (Men's throws)

ATHLETIC EXPERIENCE

August 2009- May 2012

Shot Put, Discus, and Hammer thrower - Tarleton State University (NCAA, Division II, Lone Star Conference), Stephenville, Texas

- Throwing experience:
 - 2012- Hit provisional mark for nationals in shot put, 4th place in shot put at LSC
 - 2011- Hit provisional mark for nationals in shot put and discus, 4th place in shot put at LSC, 6th place in discus at LSC
 - 2010- Hit provisional mark for nationals in shot put and discus, 3rd place in discus at LSC, 4th place in shot put in LSC
- Awarded athletic scholarship for 3 years
- Threw for Head Coach Patrick Ponder (2011-2012)
- Threw for Assistant Coach Quint Melius (2009-2010)

August 2008- May 2009

Indoor/Outdoor Shot put, Weight, discus thrower- University of North Texas (NCAA, Division I, Sunbelt Conference), Denton, Texas

- Throwing experience:
 - Indoor 2009- Placed 8th in shot put at Conference
 - Outdoor 2009- Hit career best in discus 151 feet 11.5 inches, hit provisional mark for nationals in discus
- Awarded athletic scholarship
- Threw for Head Coach Watkins

2004-2008

Letterman in Volleyball, Basketball, Softball, and Track and Field- Joshua High School (4A); Joshua, Texas

- Playing experience:
 - **2008-Basketball**: All-District, Team MVP, Team Captain
Track and Field: School record holder for Shot Put and Discus, Placed 2nd at District in shot put, Placed 3rd in District in Discus, Regional Champion, Placed 3rd in Discus at Regionals, Advanced to State in Shot put and finished 3rd overall. Team outstanding field event award
 - **2007- Basketball**: All-district, Team MVP, Team Captain
Track and Field: Shot Put District Champion, Discus runner up in District, Placed 2nd in Shot put at Regionals, Placed 3rd in Discus at Regionals, Advanced to State in Shot Put and finished 3rd overall, Team outstanding field event award
Volleyball: All-district, Team MVP, Team Captain
 - **2006- Basketball**: All-district, Team MVP

- Track and Field: Shot Put District Champion, placed 3rd in shot put at regionals, Team outstanding field event award
- Volleyball: All-district, Team MVP, Team Captain
- **2005- Basketball**: Newcomer of the year, All-district, Team MVP
- Track and field: Shot Put district Champion, placed 3rd at regionals in shot put, Team outstanding field event award
- Volleyball: All-district, Team MVP
- **2004- Volleyball**: Newcomer of the year, All- district, team MVP

TEACHING EXPERIENCE

January 2014 - Present

Teaching Assistant - Department of Kinesiology, Tarleton State University

- Serve as the Instructor during Spring semester:
 - Kinesiology 120 - Fitness Walking
 - Kinesiology 122 - Racquetball
 - Kinesiology 223 - Coaching and Officiating Track and Field

August 2011 - May 2012

Student Teaching - Burleson High School, Burleson, Texas

- Serve as teaching aid in the fall and teacher in the spring
 - Over 120 hours of Physical Education
 - Clinkscale Elementary (60 hours of Physical Education)
 - Pre-Student Teaching Burleson High School (30 hours)
 - Pre-Student Teaching Clinkscale Elementary (30 hours)
 - Pre-Student Teaching Granbury Elementary (30 hours)

PUBLICATIONS AND PRESENTATIONS

Publications:

Dominguez, E. (2013, April 18). Track and Field: Thrower Highlights. *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/04/track-field-thrower-highlights.html>

Dominguez, E. (2013, April 11). A Crossfitters Journey: Update on Sara Urban. *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/04/a-crossfitters-journey-update-on-sara.html>

Dominguez, E. (2013, March 21). SLOs and Assessment Plans in Athletics? *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/03/slos-and-assessment-plans-in-athletics.html>

- Dominguez, E.** (2013, March 8). Indoor Vs. Outdoor Track and Field Season. *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/03/indoor-vs-outdoor-track-field-season.html>
- Dominguez, E.** (2013, February 28). CrossFit Games: The Fittest on Earth! *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/02/crossfit-games-fittest-on-earth.html>
- Dominguez, E.** (2013, February 24). The Legendary Michael Jordan. *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/02/the-legendary-michael-jordan.html>
- Dominguez, E.** (2013, February 16). Glide Vs. Spin in Shot Put. *The Kinesiology & Sport Review*. Retrieved from http://tsukinegradprogram.blogspot.com/2013/02/glide-vs-spin-in-shot-put_16.html
- Dominguez, E.** (2013, February 1). A personal story. *The Kinesiology & Sport Review*. Retrieved from <http://tsukinegradprogram.blogspot.com/2013/02/cross-fit-personal-story.html>
- Dominguez, E.** (2013, January 25). We Don't Actually Throw Hammers! *The Kinesiology & Sport Review*. Retrieved from http://tsukinegradprogram.blogspot.com/2013/01/we-dont-actually-throw-hammers_25.html.

Presentations:

- Dominguez, E.** (2012, November). 5th Annual Kinesiology Research Symposium; Tarleton State University; Stephenville, Texas.
- Dominguez, E.** (2012, November). 10th Annual Texas A&M University System Research Symposium; Texas A&M University- Galveston; Galveston, Texas.

<h2>PROFESSIONALISM</h2>

Certifications:

- National Federation of State High School Associations - Fundamentals of Coaching (June 2013)
- National Federation of State High School Associations - Eligibility Center Coaching Education (June 2013)
- National Federation of State High School Associations - Sportsmanship (June 2013)
- National Federation of State High School Associations - The Role of the Parent in Sports (June 2013)
- Texas Teaching Certification- All-Level Physical Education (May 2012)

Clinics Attended:

- Bill Faulk's Throws Camp, July 23-26th 2013, Providence, Rhode Island, Speaker: Rob Lasorsa.

Professional Development Workshop:

- 2014 Tarleton State University Kinesiology Professional Development Workshop, Advertising and Marketing committee member

SERVICE

University Service:

- **Track and Field Judge**- UIL Region II- 2A Track and Field Meet; Boys/Girls Discus and Shot Put. *Dates include: April 2014, April 2013, April 2012, April 2011, and April 2010.*
- **Track and Field Judge**- Dublin Track Meet- 2A Junior High Track and Field Meet; Girls Shot Put and Discus. *Dates include: February 2014; February 2013; February 2012.*
- **Fantastic Field Day**- served as a volunteer at the annual special event designed for kids with disabilities. *Dates/participant numbers include: April 2012/250 participants; April 2011/278 participants*
- **Rock the Gym**- served as a volunteer at the annual special event designed for kids with disabilities. *Dates include: November 2013; November 2012.*
- **Track and Field Judge**- Stephenville Meet- 3A Junior High Track and Field Meet; Girls Shot Put and Discus. *Dates include: February 2011, February 2010.*

AWARDS

- **Summa Cum Laude**
- **All-Academic (2011 & 2012)**
- **Iron Texan Award (2011)**

REFERENCES

Coach Patrick Ponder

Head Track and Field & Cross Country Coach
Tarleton State University
Box T-0080
Stephenville, Texas 76401
254-592-9442

Coach Kevin Grigsby

Football and Track and Field Throwers Coach
Joshua High School
909 S. Broadway
Joshua, Texas 76058
214-709-6734

Coach Craig Bethel

Head Track and Field and Assistant Volleyball Coach
Joshua High School

909 S. Broadway
Joshua, Texas 76058
817-403-2048

Christie Ray

Administrative Assistant III
Tarleton State University
Box T-0370
Stephenville, Texas 76401
254-968-9186

Dr. Joe Gillespie

Professor of Kinesiology
Tarleton State University
Box T-0370
Stephenville, Texas 76401
254-968-1933

Coach Terry Brosius

Physical Educator and Assistant Track and Field Coach
Burleson High School
100 Elk Dr.
Burleson, Texas 76028
817-239-5773